



ADDITIONAL / TO FOLLOW AGENDA ITEMS

This is a supplement to the original agenda and includes reports that are additional to the original agenda or which were marked 'to follow'.

NOTTINGHAM CITY HEALTH AND WELLBEING BOARD

Date: Wednesday, 26 July 2017

Time: 2.00 pm

Place: NHS Nottingham City Clinical Commissioning Group, 1 Standard Court, Park Row, Nottingham, NG1 6GN

Governance Officer: Jane Garrard **Direct Dial:** 0115 8764315

AGENDA

Pages

6	HEALTH AND WELLBEING STRATEGY 2016-2010 OUTCOME 4: HEALTH AND ENVIRONMENT INTERIM REPORT	3 - 32
13f	Board Member Update: Nottingham City Council Director of Public Health	33 - 36

This page is intentionally left blank

HEALTH AND WELLBEING BOARD

26 JULY 2017

Report for Resolution	
Title:	Interim Report for the Healthy Environment outcome of the Nottingham City Health and Wellbeing Strategy 2016-2020.
Lead Board Member(s):	Alison Challenger, Director of Public Health Nottingham City Council
Author and contact details for further information:	Alison Challenger, Director of Public Health, Nottingham City Council. alison.challenger@nottinghamcity.gov.uk Helen Ross – Insight Specialist Public Health helen.ross@nottinghamcity.gov.uk
Brief summary:	This report provides the Board with information on strategic developments in relation to the Environment outcome of the Health and Wellbeing Strategy 2016-2020 which was endorsed in September 2016.

Recommendations to the Health and Wellbeing Board:

The Health and Wellbeing Board is asked to:

- a) note the contents of the report;
- b) advise how Health and Wellbeing Board member organisations may further support the report's recommendations; and
- c) request that Health and Wellbeing Board members advise on representation for a partnership group that will plan for the Nottingham Clean Air Zone.

Contribution to Joint Health and Wellbeing Strategy:

Health and Wellbeing Strategy aims and outcomes	Summary of contribution to the Strategy
Aim: To increase healthy life expectancy in Nottingham and make us one of the healthiest big cities	This report provides the Board with information on strategic developments in relation to the Environment Outcome of the Health and Wellbeing Strategy 2016-2020 which was endorsed in September 2016.
Aim: To reduce inequalities in health by targeting the neighbourhoods with the lowest levels of healthy life expectancy	
Outcome 1: Children and adults in Nottingham adopt and maintain healthy lifestyles	
Outcome 2: Children and adults in Nottingham will have positive mental wellbeing and those with long-term mental health problems will have good physical health	
Outcome 3: There will be a healthy culture in Nottingham in which citizens are supported and empowered to live healthy lives and manage ill health well	
Outcome 4: Nottingham's environment will be sustainable – supporting and enabling its citizens to	

have good health and wellbeing	
How mental health and wellbeing is being championed in line with the Board's aspiration to give equal value to mental and physical health	
<p>An environment that supports health and wellbeing supports both physical health and mental health. Access to green space and settled and secure housing being a factor for protecting mental health.</p> <p>There is also a need to understand that people with mental health problems may be at higher risk of health inequalities relating to poor housing and homelessness.</p>	

<p>Background papers: <i>Documents which disclose important facts or matters on which the decision has been based and have been relied on to a material extent in preparing the decision. This does not include any published works e.g. previous Board reports or any exempt documents.</i></p>	None
--	------

Health and Wellbeing Strategy 2016-2020 Outcome 4 – Environment Progress Report

Compiled by: Completed by:	Helen Ross: Public Health, NCC Alison Challenger: Public Health, NCC Housing: Gill Moy, Nottingham City Homes Transport: Jennie Maybury, NCC Air Quality: Richard Taylor, NCC The Built Environment: Matt Gregory, NCC Parks and Green Spaces: Eddie Curry, NCC General: Nottm Green Partnership	Reporting period:	From: September 2016	To: July 2017
Board meeting:	July 26th 2017	Next meeting at which this Priority Outcome will be discussed:	September-December 2017	

Nottingham City Health and Wellbeing Strategy 2016-2020

Outcome 4: Nottingham's environment will be sustainable - supporting and enabling its citizens to have good health and wellbeing, including good air quality, parks and open spaces, active travel, housing and the built environment.

A. Housing: will maximise the benefit and minimise the risk to health of Nottingham's citizens
 Work with housing providers to support people to live healthy lifestyles, keep well and live supported at home when unwell.
 Improve housing standards and support vulnerable people who may be at risk of becoming homeless.

B. The Built Environment will support citizens leading healthy lifestyles and minimise the risk of negative impact upon their wellbeing.
 Consider the impact of planning decisions upon health and wellbeing.

C. Transport: Children and adults will be able to engage in active travel.
 Improve the City's infrastructure and encourage more people to walk and cycle, or use public transport.

D. Parks and Green Spaces: Children and adults in Nottingham will have access to and use of green space to optimise their physical and mental wellbeing.
 Improve the quality of our green spaces and encourage their use by the community.

E. Air Quality: Air pollution levels in Nottingham will be reduced.
 Raise awareness of the positive impact small changes in behaviour can have on the environment.

Background

The environment within which we live, work and relax plays a major role in our health and wellbeing. As well as benefitting our health, healthy environments support sustainability and create a place where people choose to live and visit.

Throughout the engagement events in planning for the strategy, citizens highlighted their concerns about air pollution, living in neighbourhoods where the built environment promoted healthy lifestyles like walking or cycling to work, and access to good quality parks and facilities for exercising or socialising.

A healthy environment is also supported by evidence, where it is well documented that poorer communities experience worse health and a higher burden of disease due to environmental factors such as poor air quality, housing or access to good quality services, leading to health inequalities and poorer outcomes.

In order to address citizen concerns, the range of issues pertaining to the environment were collated into a single theme. This would enable those working in these fields to come together and plan work across the system, gaining better understanding of the overlapping and supporting elements of one another's work, and towards improving outcomes for local people.

A group consisting of members from each of the areas above has been established to plan and direct the work for the environmental theme. A key feature is to consider the added value of a Health and Wellbeing Board collaborative approach and to bring together environmental and wider determinants aspects to the work of HWBB member organisations.

An implementation plan, including the full list of indicators and progress may be found in the appendix document.

Key progress

A. Housing and Health

The housing and housing related support sector is a crucial partner of health and social care. Locally, there are already many good examples of partnership interventions involving housing that are helping local people to improve their health and wellbeing and remain independent in accommodation of their choice. The Health and Wellbeing Strategy recognises that the environment people live in plays a major role in health and happiness. It is clear that access to suitable, stable and decent accommodation, with appropriate support, in safe and clean neighbourhoods is a key priority.

We are very proud to be one of the first local authority areas to follow the national recommendation to produce a Memorandum of Understanding (MoU) to outline how health and housing partners can work together with local people to support delivery of positive housing, health and wellbeing outcomes¹. Good progress against the MoU action plan is being made and this is monitored regularly by the Health and Housing Partnership Group.

The Nottingham City Health & Wellbeing Strategy Environment Action Plan contains four housing priorities.

1. Develop joint housing actions to prevent hospital admissions, reduce re-admissions, and speed up hospital discharge

The Hospital to Home project has been successfully running since November 2015. A summary report of the first 17 months of the project was produced in March, <http://www.nottinghamcityhomes.org.uk/find-a-home/h2h/> On the basis of these outcomes the scope of the project has been extended and commissioned until March 2018.

Nottingham and Nottinghamshire are to develop further housing related interventions, including a common hospital discharge framework building upon the successful pilots ran in the City and in Mansfield. The aim is to develop a framework to support health professionals working in hospitals to aid and speed discharge and prevent readmission through the provision of more targeted housing

¹ Chartered Institute of Housing (CIH) website *A Memorandum of Understanding (MoU) to support joint action on improving health through the home*

support. The framework will also take an early intervention approach to support those at greatest risk of hospital admission with better housing option, and with the aim to keep them safe and well at home. The county wide housing project group is also working on protocols for 'Discharge to Assess' as clearly there is significant connectivity between this and the development of the housing framework.

2. Enable local health, housing and social care partners to identify and fulfil their role in preventing homelessness, reducing repeat homelessness, and meeting the health and wellbeing needs of homeless people

The Homelessness Prevention Strategy Implementation Group has the main oversight for the delivery of this action and one of the core functions of the group is to support all sectors in realising how their actions can reduce the risk of homelessness. Levels of homelessness have increased in most areas across the country, including in Nottingham. The Homelessness Reduction Act finished passage through parliament in April 2017 and will bring in new legislation with requirements for all local authority areas to offer homelessness prevention solutions to all local residents. This will include a new duty across the public sector to ensure they are referring people at risk for support. Organisations represented at the Health and Wellbeing Board will need to engage in planning of new systems of delivery.

The refresh of the Homelessness Joint Strategic needs Assessment has been under development and will be concluded soon to inform both the social inclusion and mental health accommodation pathway commissioning reviews. Upcoming areas of focus include temporary accommodation minimisation strategy and use of Care Act assessments for homeless people – particularly those with multiple and complex needs.

3 Ensuring homes are safe and well managed protecting the health and wellbeing of tenants

The work of the environmental health and safer housing continues with many strands of activity to support improved housing and health. The single point of contact 0115 9152020 is well established and continues to be promoted. Key activities include the response to citizens who report poor housing conditions, a team in place to tackle rogue landlords that put citizens at risk, good progress on the licensing of houses in multiple occupation, the introduction of officers to support vulnerable tenants, proactive action to respond to homes and people affected by excess cold and risk of burglary, being part of Nottingham together supporting cohesion in communities, activity to prevent and respond to exploitation, safeguarding risks and crime where it involves poor housing management/ standards, the development of initiatives to contribute to homelessness prevention and to support landlords such as training and expansion of partnership approaches with both the public, private, community and voluntary sector.

The consultation on selective licensing has closed, the proposed scheme amended and an operational model has been established in readiness should this scheme be agreed by the Council and DCLG later in the year.

Key statistics from last year include 532 properties improved (removing hazards to health), 1,616 licences issued and 572 licensing compliance checks carried out. There have been some high profile prosecutions of landlords, unfortunately 44 properties have been closed and 9 having emergency works because of poor conditions.

4 Develop a programme of energy efficiency works, targeting poorly performing homes, to reduce the health impacts from cold homes and fuel poverty

A subgroup has been developed to build on existing good practice in Nottingham City to deliver this action, along with all the energy efficiency actions in the MOU and Sustainability and Transformation Plan for Nottinghamshire, and to coordinate activities on energy efficiency across the city. Two studies on housing around the city – a British Research establishment housing stock study and a European funded research project called INSMART – have now reported and work is underway to consider how these can be best aligned and utilised; along with mapping these with data on demographics and health to highlight priority areas for the strategy to target, where energy efficiency measures would

have the greatest climate change, energy and social impact.

B. The Built Environment

The consultation for the Health and Wellbeing Strategy raised a number of issues relating to the environment where people live and work. One of these was wanting to see fewer hot food takeaway outlets near schools.

The draft Local Plan which sets out local planning policies for Nottingham City Council, (Jan 2016) introduces a new policy which seeks to control hot food takeaways near schools where they are not within an established town centre. This policy is being developed as part of a holistic approach to tackling obesity in young people; including other strands such as active travel, access to open space, healthy food growing (allotments) etc., as there is no direct empirical evidence linking obesity and hot food takeaways in proximity to schools. However, lifestyle patterns are set when people are young, and the policy is seen as a way of influencing behaviours that could have an impact on food choices throughout life.

The consultation raised some issues which led to the policy being refined in that it is now proposed to apply only to secondary schools, as primary school pupils are unlikely to leave the school unaccompanied at lunch time, and are likely to be supervised on arriving and leaving school. The policy also now allows for hot food takeaways where it can be demonstrated there is no impact on a young person's obesity, for instance by restricting opening hours to avoid lunch times and school leaving times.

Progress with the Local Plan has been subject to some delay, but this delay is not a result of this policy, and it is now proposed to re-publish the Local Plan for consultation in late summer/autumn, with a view to formally adopting it in 2018 following an independent Public Examination, which will test the policy in the context of its supporting evidence.

C. Transport and Air Quality:

Rationale:

- There is strong scientific evidence regarding the negative impacts of air pollution on health and the Health and Wellbeing partners' forward strategies, operational policies and business plans need to respond to this challenge. Transport is identified as a key issue and accelerating transition to sustainable travel options including low emission vehicle fleets is a critical area for action.
- Nottingham City Council, (NCC) supported by local partners has been successful in securing a funding package from the Department for Transport (DfT), Office for Low Emissions Vehicles (OLEV) and Department for Environment Food and Rural Affairs (DEFRA) up to 2020 (Go Ultra Low, Access Fund and Air Quality Grant) to support the take up of ultra-low emission vehicles and active travel options through programmes targeted at communities and businesses. This includes an enhanced Totally Transport business travel support programme comprising expert advice, Workplace Sustainable Travel Grants and specialist services. Communicating the strategy and messages are key to delivering behavioural change and improvements to health and air quality.
- Establishing Clean Air Zones by 2020 will deliver concerted action in challenging areas and support alternative modes underpinned with action on other air pollution sources in the built environment. The timescale and process for the implementation of the Clean Air Zone (CAZ) is:

2017:	Early Consultation with Key Stakeholders and revise Plan Analysis to find Geographic extent of Clear Air Zone (CAZ)
2018:	Submit Proposals to Secretary of State (Jan -Mar) Secretary of State Sign off Finalise Legal Orders Public Consultation Detailed Design, Installation (signing and cameras)
2020:	CAZ in place

What has been achieved to date:

- A funding package of £7.8 million for 2016/17 – 2019/20 has been secured for Nottingham City (Go Ultra Low, Access Fund and Air Quality Grant), a series of high profile public and business events have been held since October 2016 to launch the Go Ultra Low Nottingham offer,
- NCC co-ordinated a citywide participation in the National Clean Air Day on 15th June including a workplace event at Loxley House promoting alternative commute and business travel options to NCC and DWP employees, and will shortly be launching its Totally Transport enhanced business support package to continue assistance for workplaces to adopt sustainable and low emission travel options.
- Procurement is in progress for delivery of a network of Community Cycle Centres from autumn 2017 to reach communities with low levels of physical activity along cycle improvement corridors and a programme of household personalised travel planning to promote and incentivise low carbon travel options in areas of air quality concern will be rolled out in spring 2018.

Next steps:

Nottingham City Council is looking for early adopters from the Health and Wellbeing Partnership and health and social care sector to work with us to reduce emissions of NOx and particulates by participating in our Totally Transport business support programme. Participants will become local exemplars of good practice whilst achieving both operational savings and improving health of staff and citizens. It is recognised that key partners including Nottingham University Health Trust and the universities have already been delivering on sustainable travel activities for a number of years and have a wealth of practical experience to share.

Another key area of influence for the Health and Wellbeing Board is commissioning and procurement of goods and services. Combining the buying power of public sector organisations could make a real difference and by working together to develop sustainable supply chains through commissioning and procurement strategies that comply with Social Value Act legislation would deliver real change through incremental steps e.g. using companies with lower emissions for services such as courier and delivery. Also embedding new ways of working such as meetings by Skype and delivery of outpatients services by telecare.

Key actions for Health and Wellbeing Board members are to:

- Participate in the Go Ultra Low and Totally Transport business support programmes to become early adopters of ultra-low emission fleets and sustainable commuter and business travel practices;
- Nominate an air quality travel and infrastructure change champion within each Health and Wellbeing Board organisation as lead contact for sign up to Go Ultra Low and Totally Transport activities and joint working on sustainable procurement good practice.
- Participate in our good practice networks and business events to share your organisations' expertise with local partners and cascade through your supply chains.
- Agree clear and consistent messages for all Health and Wellbeing Board partner organisations to use with their employees and customers to raise public awareness regarding health impacts of air quality and actions that can be taken to support implement of Clean Air Zone.

D. Parks and Green Spaces:

The Department for Communities and Local Government (DCLG) Public Parks Inquiry produced a report in January 2017.

Key recommendations include:

- New sustainable funding solution to be found to help sustain the maintenance and upkeep/

quality of parks and open spaces.

- Parks and Public Health Teams to produce joint Greenspace/ health and well-being strategies;
- Economic evidence to be strengthened. Local authorities to produce Natural Capital Accounts

Key actions achievements up to end of June 2017

- 35 Green Flag applications submitted 2017
- 17 Community Green Flag applications submitted 2017 with improvements including:
 - New play area open at Clifton Central Park
 - Play area refurbishment at the Forest
 - New play area completed in the Meadows (“The Green”)
 - Landscape Improvements at Bulwell Hall Park
 - *Landscape Improvements to Hucknall Road linear walkway
 - New skate park at King Edward Park
 - A new café and restoration of the coach house at the Arboretum. The café is due to open before the summer holidays.
 - A new café is currently being constructed at Wollaton Park.
- Prioritised local investment plans have now been produced for each ward in the City. Local consultation to be carried out to help confirm annual programme of parks and green space improvements in each wards.
- Support the delivery of the Nottingham Open Space Forum (NOSF) charitable objective; NOSF have registered to become a registered charity.
- Nottingham Tree Improvement Programme community tree-planting has been completed citywide. Nottingham City Primary Parliament has been consulted about the Trees for babies initiative and the idea was well received.

What can board members do to influence and further develop this agenda?

- Support to establish a “Nottingham Trees for Babies” initiative: engage with businesses, public sector and the community to plant a tree for every child born.
- Ensure Parks and Green Spaces are recognised for their health and wellbeing benefits and included in social prescribing referral's. Could Public Health / CCG / Health Trusts help to fund the production of a **Nottingham Natural Capital Accounts**
- Help to identify a Health Sector Green Space Champion to join the NOSF as a charitable Trustee

General:

The Nottingham Green Partnership is now developing the Nottingham Sustainable Development Action Plan which will promote joint green SMART initiatives.

1. Cross-cutting principle

- Nottingham Green Partnership reviewed the action plan and identified a number of points and recommendations for the Health and Well-being board arising from the Environment Action Plan that can be shared with the Action Plan leads which are detailed in their report.
- The Lowland Derbyshire & Nottinghamshire Local Nature Partnership launched an economic report on 29 March 2017 that makes a strong case for taking an environmentally led and coordinated approach to future development in the Trent Valley in order to maximise its economic potential. The report recognises the impact of outdoor environments on health and wellbeing and the potential for natural environments to improve mental and physical health (and reduce health inequalities)².

Question for the Board: *How can the Health and Wellbeing Strategy contribute to these developments and how can the learning from this report be applied?*

² RPA and the Planning Cooperative (2016): The future economic value of the Trent Valley, Final Report, March 2016, Loddon, Norfolk, UK.- <http://ldnlnp.org/trent-valley-economic-report-launched/> accessed April 2017

2. Funding:

- Nottingham Green Partnership could consider having a standing item at future meetings to support *Joint bids for funding that support improvements in air quality, increased access to greenspace, active travel and healthier housing.*
- If the ERDF bid being made by NCCs' Energy and Sustainability Policy team, for energy efficiency measures for small and medium-sized enterprises are successful, resources could be promoted to those care homes in Nottingham that meet the criteria; enterprises which employ fewer than 250 persons and which have an annual turnover not exceeding 50 million euro, and/or an annual balance sheet total not exceeding 43 million euro." This could help participating Care Homes to reduce unnecessary expenditure on energy.

3. Commissioning and Procurement Share good practice with colleagues who commission services in organisations such as the NHS nationally agreed standard contract ³ NHS England (2016) which asks its providers to:

- Take all reasonable steps to minimise its adverse impact on the environment. (SC18.1)
- Maintain a sustainable development plan in line with NHS Sustainable Development Guidance.
- demonstrate its progress on climate change adaptation, mitigation and sustainable development, including performance against carbon reduction management plans,
- Provide an annual summary of that progress to the Co-ordinating Commissioner (SC18.2).
- give due regard to the impact of its expenditure on the community, over and above the direct purchase of goods and services, as envisaged by the Public Services (Social Value) Act 2012 (SC18.3)

Examples of how health inequalities are being considered in this reporting period

An environment that supports health and healthy lifestyles not only supports physical health but mental health and wellbeing also, particularly regarding access to green space and settled and secure housing being a factor in protecting mental health.

There is also a need to understand that people with mental health problems may be at higher risk of health inequalities relating to poor housing and homelessness.

Amendments to the action plans (report appendices)

The action plan has been updated with only minor amendments that help to make the content more accessible.

³ NHS England Standard Contract Team *NHS Standard Contract 2017/18 and 2018/19 Service Conditions Service Conditions (Full Length)* November 2016 (SC)18 Sustainable Development
<https://www.england.nhs.uk/wp-content/uploads/2016/11/2-service-conditions-fl.pdf> accessed April 2017

For consideration/discussion

This theme consists of a wide range of environmental issues which have brought many areas together to form a single plan. Much has been achieved though there remain many further opportunities that may bring partner organisations together to consider how to improve the environment to towards improving the health of Nottingham citizens.

The Health and Wellbeing Board is asked to:

- provide support and representation at the Environment Steering Group
 - sign up to clean air days (annual events)
 - take a lead on issuing consistent messages to the public through individual organisations and jointly about these actions and the reasons for them in ways that the public will understand
 - identify ways that members are exemplars for the actions within the Environment Action Plan and promote and share their good practice
 - commit champions from HWBB organisations to the actions and particularly to developing a joined up approach to Sustainable Procurement
- How can the HWB Board support the group to make health connections to maximise impact of the project?

Environment 2016/17 Action Plan

Priority Outcome: Nottingham's Environment will be sustainable; supporting and enabling its citizens to have good health and wellbeing including good air quality, parks and open spaces, active travel, housing and the built environment.

Priority Actions:

- A. **Housing** will maximise the benefit and minimise the risk to health of Nottingham's citizens
- B. **The built environment** will support citizens leading healthy lifestyles and minimise the risk of negative impact upon their wellbeing
- C. **Transport:** Children and adults will be able to engage in **sustainable and active travel**
- D. **Greenspace:** Children and adults in Nottingham will have access to & use of **green space** to optimise their physical and mental wellbeing
- E. **Air Quality:** levels in Nottingham will be improved (to agreed standards)

To achieve the outcome and deliver our priority actions Health & Well Being partner organisations will;

General:

1. support all action plan leads to consider the Health and wellbeing strategy's sustainability cross-cutting principle that all action plans will consider the sustainability of their funding arrangements and the impact on the environment.
2. support Joint bids for funding that support improvements in air quality, increased access to greenspace, active travel and healthier housing.
3. collaborate to improve the social and environmental impacts of current commissioning and procurement practices in accordance with the Social Value Act and other relevant NHS and Local Authority guidance.

Specific areas:

- A. **Housing:**
 - a. Work with housing providers to support people to live healthy lifestyles, keep well and live supported at home when unwell
 - b. Improve housing standards and support vulnerable people who may be at risk of becoming homeless
- B. **Built Environment:** Consider the impact of planning decisions upon health and wellbeing
- C. **Transport:** Improve the city's infrastructure and encourage more people to walk and cycle or use public transport
- D. **Greenspace:** Improve the quality of our green spaces and encourage their use by the community
- E. **Air Quality:** Raise awareness of the positive impact small changes in behaviour can have on the environment

Headline measures / metrics	Metric/ KPI	Baseline	Target				Actual	comment
			16/17	17/18	18/19	19/20		
	1 – A Housing Ensure homes are safe & well managed protecting the health & wellbeing of tenants: PHOF 4.15iii - Excess winter deaths (all ages): The ratio of extra deaths from all causes that occur in the winter months compared with the expected number of deaths, based on the average of the number of non-winter deaths.	21.8 (2011-2014)	19.9	18.15	16.33	14.5	26.3	There are statistically significantly more excess winter deaths in Nottingham than in the rest of England (19.6).
	2 - A Develop joint housing actions to prevent admissions, reduce re-admissions, and speed up hospital discharge: Target based on top core cities PHOF 1.17 The percentage of households estimated to be fuel poor: new measure: the Low Income High Cost (LIHC) indicator. Under the "Low Income, High Cost" measure, households are considered to be fuel poor where: 1 - They have required fuel costs that are above average (the national median level) 2 - Were they to spend that amount, they would be left with a residual income below the official fuel poverty line. Target based on top core cities	14	13.55	13.1	12.65	12.2	12.6	There is a statistically significant reduction in households estimated to be in fuel poverty in Nottingham which is a move in the right direction.
	3 – B, C and D Built Environment, Transport & Greenspace: Partnership will look to identify an appropriate metric. Potentially contribute to reducing the percentage of children aged 10-11 yrs with excess weight to the top 4 Core Cities average (PHOF 2.06ii)	37.9%	37.5%	37.3%	37.1%	36.9%	37.0	A reduction in the percentage of children with excess weight but not statistically significant. Still worse than for England.
	4 - C PHOF 2.13i APS: Contribute to increasing the percentage of active adults to the Top 4 Core Cities average (150 mins a week equivalent)	56.5 %	57.6%	58.7%	59.8%	60.9%	55	A reduction instead of an increase in activity but this is not statistically significant. Not

								statistically different from England
	5 – C PHOF 2.13ii APS: Contribute to decreasing the percentage of inactive adults to the Top 4 Core Cities average (≤30 mins per week equivalent)	29.1 %	28.1%	27.6%	27.1%	26.6%	33.3	An increase in the %age of inactive adults instead of a reduction.
	6 – D PHOF 1.16 Percentage of people using outdoor space for exercise / health reasons: Numerator: The weighted estimate of the proportion of residents in each area taking a visit to the natural environment for health or exercise purposes.	2014-5 10.5 Tbc following new citizen survey measure in 2016	15-16 15.6 Year on year increase				15.6	Improved from baseline. Statistically significantly lower. Now not different to England.
	E -Air Quality ¹ :HWB (in conjunction with Nottinghamshire HWB) to protect and improve health by 'leading by example' and ensuring partner HWB organisations reduce air pollution by adopting & implementing measures that may be detailed in the (Nottingham/shire) Air Quality Strategy and relevant Air Quality Action Plans) that : 7 Reduce emissions from HWB partner organisations' transport and buildings; contributing to a reduction in nitrogen dioxide (NO2) and particles , assisting local authorities meet national air quality targets. 8 Promote and publicise action and measures that improve air quality amongst service users, partner organisations and suppliers. Reduce current emissions by organisation	NO2 48 ug/m3 PM10: 17 PM2.5 12 ug/m3 Baseline to be established:	46 17 12 Year on year reduction	44 16 11 Year on year reduction	42 15 11 Year on year reduction	40 15 10 Year on year reduction	tbc	Tbc
Priority Groups (who is disproportionately affected or	1 Housing: Those living with an increased risk of living in poverty and poor quality housing e.g. children of teenage mothers, low income groups and vulnerable people who have sensitivity to cold damp housing and those with pre-existing conditions e.g. CHD asthma and COPD.							
	2 Built Environment a) Children aged 11 to 16 and b) staff and service users within health and social care facilities and services' catchments							
	3 Transport – Sustainable and Active Travel: Children (particularly 10 to 11 year olds) and adults from deprived							

who do we need to target to reduce inequalities?	households, women, older people and adults with a disability or long term limiting illness.		
	4 Greenspace: to be confirmed - National survey - Adults 16+ and /or Nottingham Citizens survey participants		
	5 Air Quality: 1 Low income groups live in the more polluted areas of the City and are therefore exposed to higher levels of air pollution. 2 Vulnerable people who have special sensitivity to air pollution and those with pre-existing conditions e.g. asthma and COPD. Target Population: All HWB organisations to encourage staff and visitors to reduce their emissions.		

	Action	Milestone	Year				Success Measures	Action Owner ⁱⁱ
			2016/ 17	2017/ 18	2018/1 9	2019 /20		
	General							
1 Page 16	Support all action plan leads to consider the Health and wellbeing strategy's sustainability cross-cutting principle that all action plans will consider the sustainability of their funding arrangements and the impact on the environment.	Review action plans for their prospective impact on the environment and report findings to the Health and Wellbeing Board. Support action plan leads to make adjustments in line with recommendations. Report changes to Health and Wellbeing Board. Monitor outcome.	✓				All action plans show how they have considered the Health and wellbeing strategy's sustainability cross-cutting principle for the sustainability of their funding arrangements and the impact on the environment.	Green Theme Partnership with Strategy Procurement & Commissioning
			✓	✓				
				✓				
					✓			
						✓		

	Action	Milestone	Year				Success Measures	Action Owner ⁱⁱ
			2016/ 17	2017/ 18	2018/1 9	2019 /20		
2	Support Joint bids for funding that support improvements in air quality, increased access to greenspace, active travel and healthier housing.	<p>Identify opportunities to bid for funding.</p> <p>Develop protocols and expertise in writing and supporting joint bids</p> <p>Collaborate to gather baseline information and develop SMART targets</p> <p>Submit bids</p>	✓	✓	✓	✓	<p>10 opportunities identified</p> <p>Protocols developed and agreed.</p> <p>Baseline information and targets developed and agreed for 5 bids</p> <p>5 bids for funding submitted to support the actions within this programme.</p>	
	HWB partner organisations to collaborate to improve the social and environmental impacts of current commissioning and procurement practices in accordance with the Social Value Act and other relevant NHS and Local Authority guidance.	<p>realise supply chain efficiency opportunities which reduce indirect costs, environmental impacts and increase social value.</p> <ul style="list-style-type: none"> • identify tools and opportunities for sustainable development investment through match funding, partnerships and collaboration; for transport, energy and infrastructure and supply chain collaboration and innovation e.g. with D2N2 Local Enterprise Partnership, central government and universities. 	✓	✓	✓	✓	4 Pilots that illustrate a measured reduction in financial costs, environmental impacts and increased social value by focusing Health & Wellbeing Board commissioning and procurement on creating a social and environmental return on investment utilising national tools.	NCC Strategy & Commissioning Nottingham City CCG Nottingham Sustainable Procurement hub
	Specific Areas							
A	Housing							

	Action	Milestone	Year				Success Measures	Action Owner ⁱⁱ
			2016/ 17	2017/ 18	2018/1 9	2019 /20		
A1	Develop joint housing actions to prevent hospital admissions, reduce re-admissions, and speed up hospital discharge	<ul style="list-style-type: none"> Health and Wellbeing Board to support the development of a partnership approach to ensuring effective hospital discharge into suitable accommodation, including agreeing the renewed hospital discharge protocol. Evaluation of the impact of the Hospital 2 Home Pilot, agreement to re-commission and expand the service to people who are homeless or with mental health support needs Health and Wellbeing Board members to facilitate an integrated approach to alternative solutions to residential care and hospital: promote and market Assistive Technology solutions to help people to stay independent; homes that are energy efficient and adapted to meet needs to reduce falls and which enable support to be provided in the home and local community. 	✓	TBC	TBC	TBC	<ul style="list-style-type: none"> Reduced hospital admissions, re-admissions, and speed up hospital discharge Hospital 2 Home project is re-commissioned and extended to cover more at risk groups Better utilisation of specialist housing stock 10,000 Telehealth/Telecare users by 2018 Reduced hospital admissions, re-admissions, and speed up hospital discharge A more joined up and simplified process for accessing and utilising AT to support independent living. Reduction in the number of people discharged from hospital with no fixed abode Reduction in excessive length of stay in hospital Reduction in repeat admission to hospital 	NCH NCC Housing Strategy Health and Housing Partnership Group Homeless SIG VAPN
A2	Enable local health, housing and social care partners to identify and fulfil their role in preventing	<ul style="list-style-type: none"> Support collective systematic review into the accommodation and support provision and pathways available for people who have multiple or complex needs, mental health support needs 		✓			<ul style="list-style-type: none"> Fewer people in need of residential care and more people able to live independently Increased choice in housing options with more flexibility 	NCC Housing Strategy (NCC commissioning, CDP, CCG and

	Action	Milestone	Year				Success Measures	Action Owner ⁱⁱ
			2016/ 17	2017/ 18	2018/1 9	2019 /20		
Page 19	homelessness , reducing repeat homelessness and meeting the health and wellbeing needs of homeless people	or substance misuse issues or learning disabilities and set out a clear strategy for implementation of locally preferred options promoting early intervention activity for the prevention of homelessness and using joint assessment processes, collectively established referral procedures and monitoring mechanisms					<p>within the system allowing for changeable circumstances</p> <ul style="list-style-type: none"> • Levels of provision are adequate and don't lead to unsuitable accommodation placements or access issues • Resources are targeted efficiently • People do not fall between threshold gaps 	OPCC) NCVS
	Ensuring homes are safe and well managed protecting the health and wellbeing of tenants	<ul style="list-style-type: none"> • Support the promotion and use of the single point of contact for households & stakeholders in relation to private rented housing conditions • Utilise regulatory and non-regulatory activity to reach more and higher risk houses/ people in the private rented sector delivering safer, energy efficient & healthier homes • Evaluation and development of improvement plans for the highest housing and health challenges for the city • Strong user friendly web site • Marketing action plan with focus 	tbc	tbc	tbc	tbc	<ul style="list-style-type: none"> • Health protection through removing hazards to safety and health in homes • Well known and publicised contact point with simple referral mechanism • Consideration of extension of licensing of houses in the city • Delivery of existing licensing schemes • Collaborative delivery plan to tackle unsafe & unhealthy homes supporting landlord's & tenants • Increase in voluntary property improvement of homes through accreditation and other measures 	NCC Environmental Health and Safer Housing

	Action	Milestone	Year				Success Measures	Action Owner ⁱⁱ
			2016/ 17	2017/ 18	2018/1 9	2019 /20		
Page 20		<p>on citizen and partners in health and social care</p> <ul style="list-style-type: none"> • Delivery plan developed to consider wider licensing and deliver licensing improvements • Assess benefits outcome and the future of existing schemes • Partnership task and finish group to develop planned action • Proactive action to tackle rogue landlord's • Monitor and evaluate home improvements that impact on health and wellbeing • Strong links/ referral mechanism to deliver wider beneficial health outcomes linked to housing such as homelessness, mental health, fuel poverty, smoking falls reduction etc. 					<ul style="list-style-type: none"> • No of homes where improvement has been achieved 	
	A4	Develop a programme of energy efficiency works, targeting poorly performing homes, to reduce the health impacts from cold homes and fuel poverty	<ul style="list-style-type: none"> • Review survey data / BRE Study data and access landmark data to target poorest performing homes / low income areas • Review of current front line staff training and referral processes and identify any opportunities for improving value for money and outcomes 		✓			<ul style="list-style-type: none"> • Highest core city for ECO funding by 2019 • Number of landlords and owner occupiers improving their homes to EPC C or above. All homes meeting the EPBD requirements • Reduction in the number of households living in fuel poverty

	Action	Milestone	Year				Success Measures	Action Owner ⁱⁱ
			2016/ 17	2017/ 18	2018/1 9	2019 /20		
Page 21		<ul style="list-style-type: none"> • Increase level of ECO funding used in Nottingham for affordable warmth measures • Produce Nottingham fuel poverty and energy efficiency strategy • Deliver programme of activity on enforcement by Environmental Health, including but going further than EPBD, and linking to facilitation of energy improvement works and developing sustainable financing models such as equity release • Working with Universities to analyse dwelling types and road maps to EPC C or above, and developing innovative (cost effective) solutions for hard to treat homes • Bring together an evidence base to show the impact of cold homes on health and the impact of energy efficiency work on health budgets. 		✓	✓	✓	and/or at risk of excess seasonal deaths.	
				✓	✓	✓		
B	Built Environment: Supporting health choices through planning policy							
B1	HWB partner organisations to manage patient travel and improve access to health	Establish baseline for accessibility of healthcare services	✓				Accessibility & sustainable transport options fully considered within design and build for new healthcare services and facilities to maintain/ improve	NCC - Transport Strategy
		Review good practice e.g. Bristol	✓					

	Action	Milestone	Year				Success Measures	Action Owner ⁱⁱ
			2016/ 17	2017/ 18	2018/1 9	2019 /20		
	and care services by locating new health and social care facilities to maximise accessibility for customers and patients and reduce the need to travel.	Develop action plan to maintain/improve accessibility.		✓			accessibility and reduce travel barriers. Outcomes: reduced journey times/ distance by sustainable travel mode for staff and service users within health and social care facilities and services' catchments	
		Produce guidance for healthcare service commissioners on designing for accessibility		✓				
		Agree protocol for providing bid support from Health & Wellbeing Board partners for NCC active travel funding bids	✓	TBC	TBC	TBC		
B2 Page 22	Controlling Hot Food Take Aways near secondary schools	<ul style="list-style-type: none"> Local Plan policy supported by Inspector at Public Examination and adopted by City Council (2017). Policy implemented through Development Management process 		✓			Hot Food Take Aways not permitted in accordance with the Local Plan policy.	NCC Planning and Transport
			✓	✓	✓			
B3	Explore options for creating built environments that enable good health, e.g. Ensure new housing development (above 10 homes) makes provision for open space	Share learning and good practice. Apply learning to developments. Report outcomes	✓	✓	✓	✓	Awareness raised about impacts of environment on health. Developments in Nottingham take account of health benefits	
C	<i>Transport: Active and sustainable travel</i>							

	Action	Milestone	Year				Success Measures	Action Owner ⁱⁱ	
			2016/ 17	2017/ 18	2018/1 9	2019 /20			
C1	<p>Manage health and social care staff and business travel through Workplace Travel Plans (WTPs) including support for cycling for commuter and business travel.</p> <p>HWB partner organisations lead by example to influence wider business sector and supply chain/sub-contractors</p>	Resource developed and provided for health and social care (H&SC) commissioners and providers to support the development of their Workplace Travel Plans (WTP) through a support programme eg Access Fund bid to DfT 2017/18 – 19/20		✓	✓	✓	<p>Reduced congestion, carbon emissions and improved AQ particularly in the vicinity of and between the NUHT campus sites</p> <ul style="list-style-type: none"> • Reduced carbon footprint for staff and business travel in the health sector. • Improved workforce health and wellbeing – reduced absenteeism and stress. 	NCC - Transport Strategy with HWB partner organisations	
		Publicise best practice to wider business community.			✓	✓		HWB partner organisations	
		WTPs to inform actions for each organisation regarding Go Ultra Low fleet and energy reduction from transport		✓	✓	✓			
		Establish baseline for no. of H&SC worksites/ employees with an active WTP		✓				<p>All health and social care commissioners and providers in Nottingham City to report on outcomes of their Workplace Travel Plans developed in accordance with PHE and NHS England Guidance. Anticipated outcomes: Reduction in journey times/ distance by travel mode for staff within health and social care facilities and services' catchments.</p>	NCVS
		Establish NHS H&SC Travel Plan Partnership Group		✓					
		Produce good practice guidance for development of WTPs for H&SC sector incl. carrying out baseline staff travel surveys		✓					
		Provide WTP support programme		✓	✓	✓			

	Action	Milestone	Year				Success Measures	Action Owner ⁱⁱ
			2016/ 17	2017/ 18	2018/1 9	2019 /20		
		Identify and promote local case studies			✓	✓		
C2	<ul style="list-style-type: none"> Support joint bids including DfT and EU for sustainable and active travel funding eg forthcoming DfT Access Fund (revenue competition) 	Successful joint bids to secure additional funding to support programmes to achieve healthier more active workforce and communities e.g. DfT's Access Fund, to support community cycling programmes and health and social care providers' workplace travel plan (WTP) support programme.	✓ ✓	✓	✓	✓	Support to include, as appropriate: <ul style="list-style-type: none"> Letters of support Supporting data/evidence Local match funding contributions (incl. in kind) 	NCC – Transport Strategy
<i>Greenspace: Improve access to and use of green space to optimise physical and mental wellbeing</i>								
D1	Support and endorse plans developments and proposals for improving access to and through Green Flag award standard Parks and Green Spaces.	Work with partners to identify and link up Parks and open spaces via improved cycle and walking routes. <ul style="list-style-type: none"> Review park boundary fences to identify new entrances and more direct routes into Parks Develop interpretation maps to locate Parks next to the NET and Bus routes Identify opportunities to improve DDA and bench type / locations en route and with Parks.	✓	✓	✓		Continued expansion of cycle and walking routes through parks and green spaces New interpretation map produced and circulated	NCC – Parks Development & Transport Strategy

		<ul style="list-style-type: none"> Identify opportunities to improve parks and green space infrastructure including Cafes, supervised toilet facilities footpaths, cycle parking, lighting, biodiversity and maintenance standards. 	✓	✓	✓		Undertake review and create new improved access	NCC Parks Development
		<ul style="list-style-type: none"> Work with partner organisations to deliver Green Flag improvements to land not managed by the Council. 	✓	✓	✓	✓	Undertake review implement improvements	NCC Parks Development
D2	Support Improvements in Green Flag standard Parks in the in neighbourhoods with the lowest healthy life expectancy levels.	Support the delivery of the Nottingham Open Space Forum (NOSF) charitable objective:- To enhance public health and wellbeing Identify and support active Parks friends groups to deliver regular healthy lifestyle activity programmes within the Park	✓	✓	✓	✓	<p>Prioritised local investment plans to be produced for each ward in the City.</p> <p>Confirm a annual programme of parks and green space improvements</p>	NCC Parks Development
		Recruit and support a network of local volunteer ambassadors and activators to help promote and deliver healthy life style activities within the local community.	✓	✓	✓	✓	Identify major land owners and negotiate opportunities to apply for Green Flag Improvements and applications to gf Awards	NCC - Parks with nature champions
D3	Support an Increase in community activity and involvement in local parks, including cycling.	Develop a programme of park based activities that provides regular opportunity for people to participate, build friendships and gain confidence e.g. bowling groups, Health Walks, Community Gardening groups.	✓	✓	✓	✓	<p>Charitable status Secured</p> <p>Hold regular open forum meetings</p> <p>Provide advice and support to friends groups</p>	NCC - Parks with nature champions NCC Parklives NCVS

		Include cycle rides and cycle try out sessions						
		Deliver a City wide programme of activities and community engagement to encourage local communities to take pride and ownership in their street / local area and participate in the Nottingham in Bloom / RHS it's your Neighbourhood campaign	✓	✓	✓	✓	Work with the Nottingham Parklives Team to identify and recruit volunteer activators	NCC Park Rangers & Parklives
		<ul style="list-style-type: none"> Improve the design and quality of amenity green space located within housing areas. Seek to adopt Green Flag Standards for housing areas. 	✓	✓	✓	✓	Develop and support local communities to actively; <ul style="list-style-type: none"> participate in the annual RHS it's your Neighbourhood campaign Deliver an annual programme of active park based activities 	NCH NCC parks Dev & NCH Nottingham in Bloom Team
		<ul style="list-style-type: none"> Ensure new housing development (above 10 homes) makes provision for open space (new or a qualitative improvement to nearby existing) 	✓	✓	✓		Improvements in open space in new or existing developments	NCC Planning
D4	Support an Increase in the provision and improve the quality (to Green Flag Standard) of facilities and maintenance standards in	<ul style="list-style-type: none"> Improve the design and quality of amenity green space located within housing areas. Seek to adopt Green Flag Standards for housing areas. 	✓	✓	✓		Carry out neighbourhood environmental improvements Identify trial area and agree with NCH	NCC Parks Dev with Champions.

	<p>Parks and Green spaces located within all areas of the City.</p>	<ul style="list-style-type: none"> • Ensure new housing development (above 10 homes) makes provision for open space (new or a qualitative improvement to nearby existing) 	✓	✓	✓		<p>All developments to secure Green space</p>		
E	Improving Air Quality								

E1	<p>HWB partner organisations to develop more efficient systems by working together to reduce their energy usage and emissions from transport, heating/cooling and lighting and implementing energy efficiency measures.</p>	<p>Partner organisations to:</p> <p>identify their organisations action owner/reporter</p> <p>establish baseline/ report energy usage and emissions data</p> <p>identify, implement and report active travel/vehicle emission reductions/energy efficiency measures</p> <p>raise awareness of outcomes and impacts e.g. Website/page promoting how HWB have saved money reducing air pollution.</p> <p>review and plan next steps</p>	✓		✓		<p>Business signed up/</p> <p>Enter annual awards.</p> <p>Clear downward trend (and projections) in nitrogen dioxide and particle concentrations across conurbation.</p>	<p>Environmental Health & Public Health</p> <p>with named leads from each participating HWB partner organisation</p>
		<p>Link review of transport energy usage with Workplace Travel Plan action programme on p4</p>	✓	✓	✓	✓	See p4	Jennie Maybury
E2	<p>Raise awareness of pollution levels and health /environmental impacts of air pollution to encourage behavioural change to reduce emissions.</p>	<p>Awareness raising via a communications engagement strategy with schools/ students and community groups about NO2 and other pollution levels throughout Nottingham.</p>		✓	✓	✓	<p>Communications strategy implemented and reviewed.</p>	<p>NCC Education</p> <p>NCVS, CYPPN and VAPN</p> <p>Nottingham Academies</p> <p>Universities</p> <p>Environmental Health & Communications</p>
E3	<p>HWB partner organisations to sign up to creating opportunities to engage their organisations and /or</p>	<p>Information about the health benefits of trees and greenspace for commuting, health and general recreation, to be presented to the</p>	✓				<p>Awareness raised of the benefits of trees and greenspace to health and wellbeing to the HWB Board.</p>	<p>Public Health</p>

	communities in a City wide Tree planting Initiative.	Health and Wellbeing Board.						
		HWB organisations to Identify champions to work together to draft a HWB action plan for Tree Planting and include in organisation plans and strategies. Link to NHS Forest and Healthy and Biophyllic cities initiatives.	✓	✓			Review of plans and strategies and engagement of local people to help confirm locations and plant Trees	NCC Tree Team Health and Wellbeing Board champion Public Health
		Develop an annual community tree planting programme in all areas of the city that links with number of babies born in Nottingham.	✓	✓	✓	✓	Plant 5000 young trees in locations around the City	NCC Park Rangers
		Carry out survey work and Management operations to regenerate Woodlands in various locations around the City		✓	✓		Regenerate and improve 10ha of Woodland	NCC Parks and Tree Teams
24	Health and Wellbeing Board partner organisations signed up to Go Ultra Low programme (Supports actions on sustainable procurement and Workplace Travel Plans below)	Explore sign up of HWBBd members and define ambition for future years.	✓	✓			Increased awareness of opportunities re Go Ultra Low and consideration given to sign up by HWBBd member organisations.	NCC - Transport Strategy
		Establish baseline data for composition of pool and grey fleet (including leased for business purposes and staff owned vehicles) for Health and Wellbeing Board partners participating in Go Ultra Low programme. Monitor annually.		✓			Data recorded regarding pool fleet composition in participating organisations	NCC - Transport Strategy
		Agree Go Ultra Low action plans for each participating organisation to improve their fleet and travel from			✓	✓	X HWB partner organisations have Go Ultra Low action plans resulting in: <ul style="list-style-type: none"> Increased car club membership 	

		<p>the following menu of options :</p> <ul style="list-style-type: none"> • Becoming corporate car club members • Investing in Low Emission vehicles for fleet, and lease car schemes including EVs and electric bikes • Develop long term staff/pool bike loan scheme in partnership with Citycard Cycles • Eco driving accreditation and training 			✓	✓	<ul style="list-style-type: none"> • Investment in Low Emission vehicles for fleet, and lease car schemes including EVs and electric bikes • Development of long term staff/pool bike loan scheme in partnership with Citycard Cycles • VCS to raise awareness of these opportunities with 100 VCS and other not for profit organisations • Increase in Eco driving accreditation and training 	NCVS
Page 30	Use health and social care partners' commissioning powers to green the supply chain through sustainable procurement and contract and SLA requirements.	Agree sustainable procurement contract standards for commissioning H&SC providers including business travel and fleet activities. (Needs reinforce WTP and Go Ultra Low activities)	✓				<p>Sustainable operations requirements within contracts and SLAs</p> <p>Sustainable procurement contract standards drafted and agreed</p>	NCC Transport Strategy input to NCC Procurement
		Consult with stakeholders and partners through existing networks and partnerships		✓			Consultation with key stakeholders and partners.	
		Establish BSG supplier standards		✓			Approve and adopt sustainable procurement contract standards	
		Include standards in commissioning and procurement processes.			✓		Sustainable operations requirements embedded within all health and social care contracts and SLAs for Nottingham City.	

ⁱ Baseline/target values notes:

- i. PM₁₀ is airborne particulate matter with a diameter of less than or equal to 10 micrometres which can enter the respiratory system and are consequently often called “inhalable”. Those smaller than PM_{2.5} can penetrate into the lungs and are often called “respirable”. The concentration of Nitrogen Dioxide, a brown gas, with the chemical formula NO₂ is measured in micrograms in each cubic metre of air (µg m⁻³). A microgram (µg) is one millionth of a gram. A concentration of 1 µg m⁻³ means that one cubic metre of air contains one microgram of pollutant.
 - ii. Nitrogen dioxide, particles and carbon dioxide are the main pollutants emitted when fossil fuels e.g. natural gas, oil/petrol are combusted to power vehicles and provide heat and electricity for industrial, commercial, public/third sector/NHS and domestic use. Therefore reducing emissions can effectively reduce emissions that contribute to global climate change and local air pollution that impact on health and wellbeing. An emission reduction target (in addition to air pollution concentration targets) ensures practical measures to reduce emissions are being taken/demonstrated by HWB partners.
 - iii. Highest annual mean concentration of nitrogen dioxide (NO₂) monitored at the facade of a residential property (an air pollution sensitive receptor) and annual mean particle PM₁₀ and PM_{2.5} concentration monitored in the Nottingham City Area. These enable direct comparison with the Air Quality Regulations, Air Quality Objectives and WHO guideline values. Each year’s targets were chosen to reflect the predicted effects of energy efficiency measures (in conjunction with Nottingham/Nottinghamshire’s Air Quality Strategy and Action Plans) and demonstrate how incremental progress can be made to achieve the Air Quality Regulation targets/Air Quality Objectives and World Health Organisation guideline values to protect health, by 2019/20.
- ⁱⁱ Health and Wellbeing Board partners to identify leads to work with Action Owners to deliver on the success measure.

This page is intentionally left blank

Statutory Officers Report for the Nottingham City Health and Wellbeing Board - 26th July 2017
Director of Public Health

1. Tobacco Control Plan for England

The new Tobacco Control Plan for England 'Towards a Smoke free Generation' was published on the 18th July within which the Government sets out a number of national ambitions to further reduce smoking prevalence.¹

Although Britain is a world-leader in tobacco control, smoking remains our biggest preventable killer. In England alone, 79,000 people a year, or 200 per day die from smoking. In addition to the human cost, smoking also costs the economy £11 billion per year, £2.5 billion of which falls to the NHS.

The plan includes a focus on vulnerable groups, including people with mental health problems and pregnant mothers, especially those in the most deprived areas. There is also a focus on the NHS being smoke free, as well as the work to maximise the potential that e-cigarettes offer, while managing the risks.

The new plan targets a reduction in smoking rates, from 15.5% down to 12% by 2022, as the first step toward a generation of non-smokers which will be achieved when smoking rates are 5% or below.

Key objectives include:

- Reduce smoking rates from 15.5% down to 12% or less
- Reduce the prevalence of 15 year olds who regularly smoke from 8% to 3% or less
- Reduce the prevalence of smoking in pregnancy from 10.7% to 6% or less

According to the Integrated Household Survey, Nottingham has similarly seen a reduction in smoking prevalence, (21.5%) though locally it continues to be significantly higher than the England average with wide variation across the city.

2. Nottingham City's Smokefree Summer

Nottingham City Council has is currently holding its second Smokefree Summer Programme. The programme builds on the success of the inaugural Smoke Free Summer in 2016 and will once again see smokers asked not to light up at key family events across the city.

Surveys carried out last summer show that 93% of those asked didn't like people smoking around their children, and 84% supported more future family events being smoke free.

This year, the list of events has included the Beach, in Old Market Square, which opened on 13 July and runs until 3 September. The whole site will be smokefree for the duration of the family attraction. This was followed at the weekend by the family area of Splendour at Wollaton Park.

Forthcoming events are:

- Riverside Festival (children's area only), Victoria Embankment – 4-6 August
- City of Nottingham Triathlon (children's area only), Victoria Embankment – 2 September

The smokefree work in Nottingham City has been acknowledged by the Chartered Institute of Environmental Health.² The article (link below) describes how in the decade since the smokefree

¹https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/630217/Towards_a_Smoke_free_Generation_-_A_Tobacco_Control_Plan_for_England_2017-2022_2_.pdf

²<http://www.cieh.org/media/news/community-support-key-to-nottingham-smoking-ban.html>

regulations were first implemented; Nottingham City Council has been on a drive to extend the number of smokefree outdoor public spaces backed-up by overwhelming public support.

Nottingham's own Tobacco Control Strategy is ambitious to develop further areas to become smokefree towards its goal of a smoke free generation in Nottingham.

3. HM Government 2017 Drug Strategy

The Government's new drug strategy was released on Friday 14th July 2017;³ this coincided with the release of the new clinical guidelines for substance misuse.

The Strategy sets out clear expectations for action from a wide range of partners, including those in education, health, safeguarding, criminal justice, housing and employment.

It also outlines the action to be taken at a national level to support local areas to ensure everyone plays their role in:

- preventing people, particularly young people, from becoming drug users in the first place
- targeting those criminals seeking to profit from others' misery and restricting the availability of drugs
- offering people with a drug dependence problem the best chance of recovery through support at every stage of their life
- leading and driving action on a global scale

In Nottingham, we are already implementing a number of the recommendations within the strategy, including the creation of a professional information network to keep informed about developments and information regarding new psychoactive substances, a review of the approaches within the local criminal justice pathway, and supporting improvements around resilience in our children and young people.

4. Local Health Profiles

The [2017 Health Profiles](#) for England were published earlier this month.

The Health Profiles provide a snapshot of health and wellbeing for each local authority in England using a range of charts and text. They pull together existing information in one place and contain data on a range of indicators for local populations.

Health Profiles are intended as 'conversation starters' to highlight local issues and priorities for members, and for discussion at Health and Wellbeing Boards.

The Nottingham City profile⁴ suggests there have been a number of improvements such as reducing the difference in life expectancy in women, reductions in obesity levels at year 6, excess winter deaths, and smoking prevalence. There are a number of other areas where Nottingham is

3

https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/628148/Drug_strategy_2017.PDF

⁴ <http://fingertipsreports.phe.org.uk/health-profiles/2017/e06000018.pdf>

significantly worse than the England average which will need further local action to improve outcomes. These include, hospital stays due to alcohol, under 18 conceptions, smoking related deaths, smoking in pregnancy and sexually transmitted infections. All of these areas are included in the Joint Health and Wellbeing Strategy.

5. News and Information Bulletin ⁵

The News & Information Bulletin is a monthly report developed by staff at the Knowledge and Resource Centre and is part of Public Health resource of the City Council. It highlights news and developments relevant to health and social care and partner professionals and is published online.

This month's edition features information on:

- Accountable care systems
- Correspondence handling at NHS shared business services
- Digital technology improving patient care
- Election analysis: health and care
- Emotional wellbeing of young people
- Five-a-day
- Health and social care regulation
- Healthier You NHS Diabetes Programme
- Mental Health in schools
- Post-incident support pathways
- Social prescribing
- NICE Guidelines
- NICE-related News and Publications
- General
- Acute Care
- Adult Social Care
- Commissioning
- NHS and Social Care Finances
- Pregnancy and Maternity Services
- Primary Care and Community Services
- Quality and Safety
- Sustainability and Transformation Plans (STPs)
- Workforce, Education and Training
- New Publications

Additionally the Knowledge and Resources team host a health and social care library and provide training for literature searches. These services are also available to Health and Wellbeing Board members.

5

http://www.knowledgeresources.nottinghamcity.nhs.uk/images/stories/Knowledge%20Resources/Documents/g%20drive/News_and_Information_Bulletin_-_June_2017.pdf

This page is intentionally left blank